



Wellness Exams & Sports Physicals

Frequently Asked Questions

Is the exam covered by insurance?

Comprehensive Wellness Exams can be billed through your insurance if your child has not had a well visit with their primary care provider or pediatrician in the last 12 months. Please keep in mind that most insurance companies, as well as Medicaid and Medicaid Managed Care, pay for one annual wellness visit per year, at no cost to you.

If your athlete has already had a Wellness Exam completed in the last 12 months, or if you do not wish to submit this service to your insurance provider, we can still complete the Sports Physical for a fee of \$25.

What if I am not an established Adena patient?

Your child does not have to be established with Adena to be seen. For continuity of care, if they have a regular medical provider, we encourage you to seek care (including immunizations) from that provider. However, if you would like to transition your care to Adena, we can facilitate that change and obtain your child's medical records as appropriate.

Where can I find the Sports Physical paperwork?

For your convenience, Adena providers have the latest Ohio High School Athletic Association (OHSAA) forms available.