



Your doctor's office is **CLOSED** and you need medical care.

➤ Should you go to the emergency room or an urgent care clinic? Adena Health System offers both.

Here are some general guidelines to help you decide which to use. If you're still not sure, feel free to call our emergency room or our urgent care clinics and they can help guide you. In an emergency, call 9-1-1.

### WHEN TO GO TO THE ADENA ER

**Rule of thumb:** *Is your condition life-threatening?*

- Suspected heart attack, stroke or blood clot
- Difficulty breathing
- Uncontrolled bleeding or deep cuts
- Any sudden or severe pain including headache and abdominal pain
- Severe or persistent vomiting or diarrhea
- Changes in vision, difficulty speaking or confusion or changes in mental state
- Poisoning
- Suicidal or homicidal feelings
- If you think you may need an ultrasound, CT scan, or MRI

### WHEN TO GO TO ADENA URGENT CARE

**Rule of thumb:** *Is this something that is of concern but will not cause permanent damage if not seen immediately?*

- Ear infections
- Eye injuries
- Simple cuts or burns
- Abdominal pain - mild
- Sprains and fractures
- Sore throats, fever, cough, colds, or flu
- Insect and animal bites
- Rash or allergic reaction
- Going to the Urgent Care first will not get you into the ER faster or get you directly admitted to the hospital.

### ADENA EMERGENCY DEPARTMENT LOCATIONS

Adena Medical Center  
272 Hospital Road  
Chillicothe, Ohio 45601  
740-779-7500

Adena Pike Medical Center  
100 Dawn Lane  
Waverly, OH 45690  
740-947-2186

Adena Greenfield Medical Center  
550 Mirabeau Street  
Greenfield, Ohio 45123  
937-981-9400

