What is a Certified Nurse Practitioner (CNP)?
A CNP is a licensed, advanced practice registered nurse (RN) with Master’s level training in the diagnosis and management of a full spectrum of health conditions. Nurse practitioners partner with physicians to offer you comprehensive, high-quality care. This close collaboration coupled with a unique focus on the whole person differentiates CNPs from all other healthcare providers.

How Can a CNP Help Me?
At Adena, CNPs often work in a family medicine setting and serve as a patient’s primary healthcare provider. In this capacity, they collaborate closely with doctors to coordinate all aspects of your care, including referrals to specialists as needed. While the majority of CNPs work in family medicine, they can also specialize in other areas such as cardiology, orthopedics, oncology, pain management, OB/GYN, and more.

Many of our nurse practitioners offer expanded scheduling options, including evening and weekend appointments.

What Services Do CNPs Provide?
Nurse practitioners provide a wide array of primary, acute and specialty healthcare services, including:

- Prescribing medications and administering immunizations
- Ordering, performing, and interpreting diagnostic tests, including lab work and X-rays
- Diagnosing and treating ongoing (chronic) conditions, such as diabetes, arthritis, and high blood pressure
- Diagnosing and treating sudden (acute) conditions, such as colds, flu, infections, minor injuries, earaches, and strep throat
- Education and preventive therapies, such as weight loss and smoking cessation programs
- Free annual wellness exams fully covered by most insurance

To find a nurse practitioner at Adena, call 740-779-7500 or visit www.adena.org/cnp.