

Top **10** Reasons to go to the Emergency Room

- 1. Heart Attack:** Signs that last two or more minutes including pressure, fullness, squeezing or pain in the center of the chest; tightness, burning, or aching under the breastbone; chest pain with lightheadedness
- 2. Stroke:** Signs include sudden weakness or numbness of the face, arm or leg on one side; sudden dimness or loss of vision; trouble talking or understanding speech; unexplained dizziness; sudden and severe headache; unsteadiness or sudden falls
- 3.** Serious accidents
- 4.** Fall on, or hit to the head, followed by confusion, blurred vision, or headache.
- 5.** Loss of consciousness
- 6.** Sudden and severe abdominal pain or headache
- 7.** Seizures
- 8.** Poisoning or suspected poisoning
- 9.** Bleeding that will not stop or deep cuts
- 10.** Suicidal or homicidal feelings

If you're having an emergency, call 9-1-1.

ADENA EMERGENCY DEPARTMENT LOCATIONS

Adena Medical Center
272 Hospital Road
Chillicothe, Ohio 45601
740-779-7500

Adena Pike Medical Center
100 Dawn Lane
Waverly, OH 45690
740-947-2186

Adena Greenfield Medical Center
550 Mirabeau Street
Greenfield, Ohio 45123
937-981-9400

