30 YEARS OF CONTINUING EXCELLENCE.

ADENA GREENFIELD MEDICAL CENTER
PHYSICAL REHABILITATION SERVICES

INPATIENT OUTCOMES REPORT: 2015

ADENA GREENFIELD MEDICAL CENTER
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WWW.ADENA.ORG/AGMC
LEADING THE WAY IN PHYSICAL REHABILITATION SERVICES.

ADENA GREENFIELD MEDICAL CENTER
INPATIENT REHAB SERVICES

Every day, the nurses, physicians, therapists and support staff of the Rehabilitation Unit at Adena Greenfield Medical Center (AGMC) help our patients and their families celebrate renewed independence. It’s important and challenging work, and also very rewarding. So, we’re pleased to present this report to the community on the inpatient rehabilitation services we provided during 2015.

A REPUTATION OF EXCELLENCE

Our inpatient rehabilitation program was awarded three-year accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF) in 2014. This is the highest level of accreditation offered. CARF is an internationally recognized accreditation authority promoting quality rehabilitation services. CARF develops standards to help organizations measure and improve the quality of rehabilitation programs. We are also recognized by CARF as a Stroke Specialty unit for rehabilitation. Adena Greenfield Medical Center is the only facility in our service area with this specialty accreditation.

AGMC Inpatient Rehab Unit provides patients with a minimum of three hours of therapy a day, six days a week. Our traditional and innovative therapy methods show our commitment to providing patients with the highest standard of care. Some things that set us apart are the enabling Garden, REO (robotic therapy), STAR (cancer rehab program), community re-entry, driving screening and a variety of other unique techniques.

AGMC is also able to provide a less intensive level of skilled care. If a patient is not quite able to tolerate 3 hours of therapy a day they can choose to come to a skilled rehab bed (within our hospital setting) and receive the same excellent care and services at a lower level of intensity. AGMC provides an individualized level of care based on the patient’s needs and tolerance.

Outpatient therapy services are also available to patients to provide a consistent continuum of care. Physical, Occupational and Speech Therapy is available to patients. AGMC also provides OP Rehab Psychology services. Please feel free to contact us at 937-981-9237 for more information on all our levels of care.

HOW DO WE COMPARE?

— Our patients leave with a greater level of function. Our Functional Independence Measure (FIM) change score was 24.4 compared to 18.8 regionally and 21.8 nationally.

— Our patients improve more in a shorter period of time. Our average length of stay was 9 days, compared to 15 days regionally and 22 days nationally. Our length of stay efficiency was 3.71 compared to 1.83 regionally and 1.63 nationally.

— 96 percent of our patients were discharged to a community setting, compared to a 78 percent national rate.

— The average age of our patients was 70 years, and 57 percent of our patients were female while 43 percent were male.

MISSION: TO CARE. TO HEAL. TO EDUCATE. TO RESTORE INDEPENDENCE.
ORTHOPEDIC
The average age of the orthopedic rehabilitation patient at Adena Greenfield Medical Center in 2015 was 69. The national average age of this patient type during the same period was 75. Our orthopedic patients came to us for rehabilitation following:

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knee Replacement</td>
<td>60%</td>
</tr>
<tr>
<td>Hip Fracture</td>
<td>27%</td>
</tr>
<tr>
<td>Hip Replacement</td>
<td>3%</td>
</tr>
<tr>
<td>Other Orthopedic</td>
<td>10%</td>
</tr>
</tbody>
</table>

LENGTH OF STAY
The average length of stay for all AGMC orthopedic patients was 6 days, compared to the national average of 22 days.

<table>
<thead>
<tr>
<th>Facility</th>
<th>Length of Stay</th>
<th>LOS Efficiency*</th>
<th>Return to Community</th>
</tr>
</thead>
<tbody>
<tr>
<td>AGMC</td>
<td>7</td>
<td>4.26</td>
<td>98%</td>
</tr>
<tr>
<td>National</td>
<td>20</td>
<td>2.05</td>
<td>87%</td>
</tr>
</tbody>
</table>

STROKE
AGMC continues to work hard to develop excellence in stroke rehabilitation. The average age of our rehab stroke patients was 69 compared to 73 nationally. Our stroke patients came to us for rehabilitation following:

<table>
<thead>
<tr>
<th>Impairment</th>
<th>Number of Discharges</th>
<th>Percent of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cerebrovascular Accident (CVA)</td>
<td>Right CVA</td>
<td>55%</td>
</tr>
<tr>
<td></td>
<td>Left CVA</td>
<td>45%</td>
</tr>
</tbody>
</table>

LENGTH OF STAY
The average length of stay for all stroke patients was 20 days, compared to the national average of 40 days.

<table>
<thead>
<tr>
<th>Facility</th>
<th>Length of Stay</th>
<th>LOS Efficiency*</th>
<th>Return to Community</th>
</tr>
</thead>
<tbody>
<tr>
<td>AGMC</td>
<td>20</td>
<td>2.25</td>
<td>100%</td>
</tr>
<tr>
<td>National</td>
<td>40</td>
<td>1.16</td>
<td>65%</td>
</tr>
</tbody>
</table>

“I was a patient at AGMC after having a stroke. They were all excellent and we would highly recommend them for therapy.”
(from 2015 patient satisfaction survey)

IN SUMMARY, MORE ADENA GREENFIELD MEDICAL REHAB PATIENTS WERE DISCHARGED TO THEIR HOMES IN A SHORTER LENGTH OF TIME, WITH GREATER IMPROVEMENT, THAN THE NATIONAL AVERAGE.

*(LOS) Length of Stay efficiency measures the rate of functional improvements, so a higher value is better.
MEDICAL DIRECTOR
Karen Evans, MD, a specialist in physical medicine and rehabilitation, joined us as our Medical Director for Inpatient Rehabilitation in June 2012.

Dr. Evans received her medical degree from The Ohio State University, where she also completed her residency in physical medicine/rehabilitation. She was chief resident of the program.

In addition to her inpatient practice, Dr. Evans is practicing with the Adena Bone and Joint Center as well as providing outpatient services in the Adena Greenfield Medical Center Specialty Clinic.

PATIENT SATISFACTION
The following information is a summary of the outstanding patient satisfaction survey results for 2015. We are very proud of these results.

<table>
<thead>
<tr>
<th>Skill of nurses</th>
<th>97th Percentile</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friendliness of rehab staff</td>
<td>99th Percentile</td>
</tr>
<tr>
<td>Overall rating of care</td>
<td>96th Percentile</td>
</tr>
<tr>
<td>Likelihood to recommend</td>
<td>91st Percentile</td>
</tr>
</tbody>
</table>

ETHICS STATEMENT
The Board of Trustees of Adena Health System has established a statement of organization ethics in recognition of the institution’s responsibility to our patients, customers, staff, physicians and the community we serve. It is the responsibility of every member of the Adena Health System community – members of the Board of Trustees, administration, medical staff, employees, volunteers and those associated with our subsidiaries – to act in a manner that is consistent with the organizational statement. Our behavior will be guided by the Mission and Values of the organization.

OUR REHABILITATION TEAM
An outstanding team of physicians, nurses and therapists work together to ensure that rehabilitation patients at Adena Greenfield Medical Center receive the highest quality of care available.

Our multidisciplinary team considers the whole patient – and family – in designing rehabilitation goals and programs. Our excellent staff is highly trained and experienced.

THE REHABILITATION TEAM CONSISTS OF:
- Patient & Family
- Occupational Therapy
- Rehab Psychology
- Recreational Therapy
- Medical Director
- Admissions Coordinator
- Physical Therapy
- Speech Pathology
- Social Work/Case Manager
- Rehabilitation Nursing
- Program Director
- Hospitalist

“Nurses were wonderful and very caring”
“Outstanding Rehab Staff”
“Therapy staff was awesome!”
“Doctor was very friendly”