If you suffer from asthma attacks even though you take medication, a proven new treatment called Bronchial Thermoplasty is now available at Adena Pulmonology, Critical Care & Sleep Services.

The treatment is a safe outpatient procedure that uses mild heat to reduce the amount of excess smooth muscle tissue in the airways. (Less muscle tissue means less airway constriction during an asthma attack.)

Bronchial Thermoplasty works with your asthma medications, but unlike medications it provides long-lasting relief from serious asthma attacks; and fewer asthma attacks means less need for oral steroid treatment—and its side effects. Follow-up studies found the benefits of the treatment extended through a five-year period.

**Bronchial Thermoplasty Benefits by the Numbers:**
- 32% fewer severe asthma attacks
- 84% fewer asthma-related emergency room visits
- 66% fewer days lost from work, school, and other activities due to asthma symptoms

Additionally,
- 79% of patients treated with Bronchial Thermoplasty saw a significant improvement in their quality of life

We're here to help you breathe easier: Adena Pulmonology, Critical Care & Sleep Services is the premiere pulmonary clinic in southern Ohio offering expert pulmonary treatment without the need to travel outside the community. Visit [www.adena.org/pulmonologyccsleep](http://www.adena.org/pulmonologyccsleep) to learn more about our services and our pulmonary experts.

Not all insurance companies cover this procedure. Our experts in the clinic will work with your insurance company to determine your eligibility.

**TO LEARN MORE ABOUT BRONCHIAL THERMOPLASTY OR TO SCHEDULE AN APPOINTMENT, CALL 740-779-8700 TODAY.**

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