



# Family Centered Recovery Program

The goal of Adena's Family Centered Recovery Program is to help families and pregnant women who are dependent on opiates have a healthy pregnancy by providing prenatal and postpartum support and treatment.

## Our program strives to help women move beyond opiate dependency by:

- Encouraging social support in a non-judgmental, supportive and fun group atmosphere
- Providing education about pregnancy and addiction
- Offering medication for treatment of addiction
- Linking women to other community services

## How Our Program Works

- Women meet with a provider once a week in a group setting to address treatment concerns and check progress
- Licensed social workers offer ongoing behavioral and social support
- Certified lactation providers provide additional support

## Program Requirements

- Attend meetings once a week for two hours at 110 Vaughan Lane in Chillicothe
- Discontinuation of illicit substance use, routine drug screens, and when appropriate utilize buprenorphine for treatment
- Be an established Adena OB/GYN patient

## Why Our Program Works

### Our program has been proven to:

- Decrease likelihood of women having a preterm baby
- Improve confidence of women to make healthy decisions for themselves and their family
- Increase breastfeeding rates

### Additionally, our program has received national, state and local recognition:

- Program of Excellence by the National Hospital Charitable Services
- A Best Practice Site by the U.S. Department of Health and Human Services Centers for Medicare and Medicaid Service Medication Management and Opioid Support Team (one of only three in Ohio)
- US House of Representative recognition as a model that other communities should replicate

## Questions?

Call Women's Health 740-779-7201

