

ADENA HEALTH FOUNDATION

2024 ANNUAL REPORT

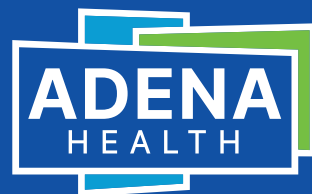


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A message from our director

Thanks for the opportunity to touch so many lives

Sometimes a thank you just isn't enough.

When I began my career at Adena 33 years ago as a nurse in the float pool, I never imagined that I would one day get the chance offered to me more than five years ago to help make the type of impact that working with the Adena Health Foundation has provided.

As I was considering retirement, I was able to reflect on the many Foundation successes achieved during the time I've had the privilege to be a part of this team, both before and during my tenure as its director. Now, I am grateful to be able to continue my involvement in a part-time role as a philanthropy officer.

"I couldn't be more grateful to work alongside such a tremendous group of individuals within an organization that cares so deeply about the health of the community."

As you will see throughout the pages of this annual report, the Adena Health Foundation continued to grow its ability to touch those lives throughout 2024. While continuing its involvement in the Foundation's more traditional offerings, including galas benefitting our hospitals, the Coats for Kids program, and the annual caregiver giving campaign, we ventured down some new paths in 2024.

For instance, a pair of new community events, the Breast Cancer Awareness 5K Walk/Run and the Colon Cancer Awareness 2-Mile Walk/Run, were born, both of which were well attended and raised funds and awareness of what Adena can do for its patients. The inaugural Monster Mash Bash was created to support the work of the new Adena Regional Medical Center Council, and a second fundraising golf outing teed off for the first time in support of Adena Greenfield Medical Center.

None of our work would be possible without the support from those events, the community councils at our four hospitals, and the generous year-round contributions of Adena's caregivers, medical staff, and donors from the communities we serve. With that support, the Foundation was able to make significant financial contributions to important projects and initiatives during 2024.



Among them was significant assistance for the new Adena Health EMS patient transport program, the purchase of educational supplies making Adena’s graduate medical education program even more appealing to current and future residents, and the critical scholarship support provided to the next generation of prospective health care workers. The past year also included the purchase of a chest compression system for Adena Regional Medical Center’s emergency department, support for a port shirt program helping to improve the experience of Adena Cancer Center chemotherapy patients, assistance to caregivers facing unexpected hardships, and several other accomplishments that you will read about in this report.

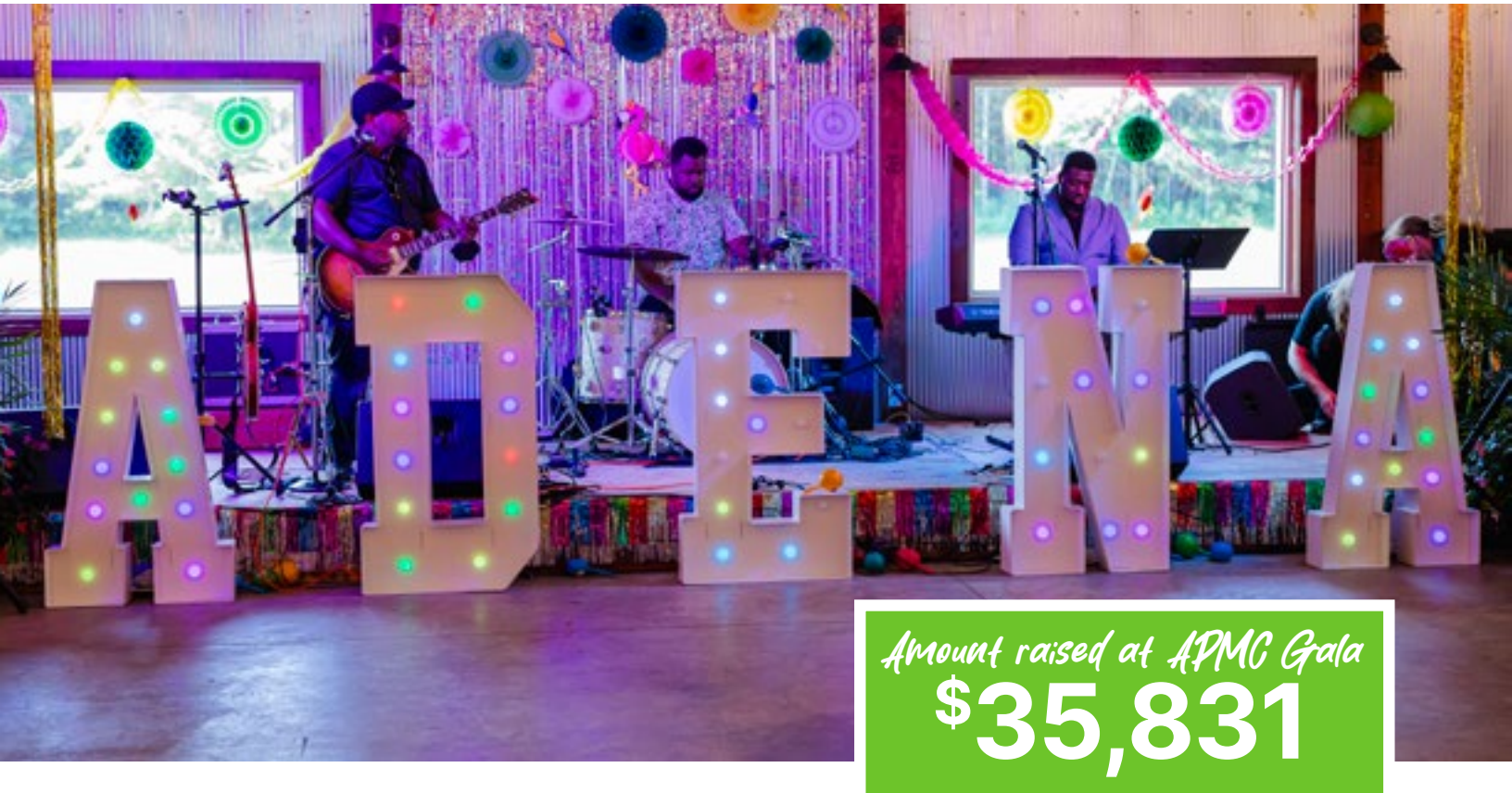
I’m very proud of the fact these accomplishments improve lives.

These successes don’t happen by accident. They require the tireless efforts of the Foundation staff. They rely on the unwavering support of the Adena Health Foundation board and Adena Health board of trustees, as well as health system leadership. They result from the commitment of everyone who contributes to and supports our mission to make a real difference in the lives of our caregivers, patients, and community.

As I pass leadership of the Foundation to the new President Laura Jo Hawk, who brings a wealth of experience to this important work, I can’t wait to see what new heights we will be able to achieve.

“No, sometimes a thank you just isn’t enough. But for me and my feelings about this organization that does so much for so many, those words mean everything.”

Robin Berno
Director, Adena Health Foundation



A message from our board chair

*Looking ahead
With pride*

As 2024 came to an end and I neared completion of my five-year tenure as chair of the Adena Health Foundation board, I had the opportunity to reflect on the strength and resilience Adena and the Foundation have demonstrated over the years.

Adena has always been a special place for my family, and we’ve been proud through our service to give back to this organization that gives so much to the community. Personally, with more than a decade on the Adena Health Foundation board, I’ve had the privilege to see up close the way the health system has risen to meet every challenge.

From the way it weathered the unprecedented uncertainty of the COVID-19 pandemic, to the expansion and renovation of the Adena Regional Medical Center emergency department, to its current work toward providing the residents of Fayette County with a new hospital, Adena has remained steadfast in its commitment to the communities it serves.

The Adena Health Foundation has long been a proud partner in that commitment, and 2024 was no exception. With an expanded roster of community events helping to raise funds and awareness of the Foundation’s role in Adena’s mission, another round of scholarship assistance to future members of the health care workforce, and support in meeting the needs of our caregivers, the Foundation continued its important work to improve the overall health of the community.

That work is not done.

It will be pushed forward in 2025 and beyond by new leadership. As Robin Berno moves into a new role as a philanthropy officer, we express our sincere appreciation for all her hard work as the director of the Foundation. Meanwhile, I am excited to see what new opportunities are on the horizon under her successor, Laura Jo Hawk. With Laura Jo’s extensive experience developing philanthropic relationships, the enthusiasm and positivity that Robin Barnes and Naysa Scott bring to their work for the Foundation, and the dynamic leadership my successor, Pat Friel, will provide as the new board chair, the future is in great hands.

We all play a role in that future. Each of us has the ability to share with our friends, family, and neighbors what the Adena Health Foundation is all about and the important role it plays. We can help connect those we know who wish to do good in the community with the philanthropic opportunities the Foundation provides. In short, we can all be ambassadors that raise awareness and engagement in what we are working to accomplish, and I hope you all take every opportunity to do so.

When we do that, we are providing one of the greatest gifts anyone can give to a community – the highest quality health care offered very close to home.

That’s something for which we all can be proud.

Trish Mares
Chair, Adena Health Foundation Board of Trustees

Number of donors in 2024
1,558

A year of impact

Adena Health EMS means faster care and better patient outcomes

For patients across the region, the launch of Adena Health Emergency Medical Services (EMS) marks a significant improvement in their care experience.

Adena has long wished to operate its own internal patient transport service with the intent of moving patients within the health system in a timely fashion for additional care and treatment. When an Appalachian Regional Grant became available during 2024, the **Adena Health Foundation provided nearly \$300,000 to make that desire a reality.**

In February of 2025, Adena EMS began transporting patients between the health system's four hospitals and between its hospitals and area nursing homes. It is providing shorter wait times for patients requiring transport, increasing availability of rooms in Adena's emergency departments and inpatient units, and improving operational efficiencies for providers and staff.

The EMS units will be staffed 24 hours a day, seven days a week.

"This is a game changer that will further reduce wait times for our patients," Adena President and CEO Jeff Graham said. "It's the type of innovation and commitment to our patient experience that demonstrates who we are at Adena."

The new service should be able to handle about 75% of the health system's internal transportation volume – a benefit not only to the patient experience, but providers and caregivers as well.



Local children stay warm during the winter

Continuing an Adena tradition in community outreach that began in 2007, the Foundation once again partnered with the health system's caregivers to collect nearly 1,200 new winter coats for students across Adena's service area - who may otherwise have gone without warm winter outerwear.

Through the Coats for Kids program, representatives of participating schools provide a list of coat sizes for students deemed to be in need. Caregivers then request sizes for the number of coats they wish to buy, purchase those coats and bring them to specified drop off areas. The coats are sorted and prepared by Foundation staff, and delivered to the schools for distribution.

"This is everything to our families, especially this close to the holiday season," said Lacey Derexson, community outreach director for The Pioneer Center. "The kids will wear these new coats all day. As soon as we get them passed out, they will wear them and won't want to take them off. They're always so excited to get them."

In the 18-year history of Coats for Kids, caregivers have purchased more than 15,500 coats for area children and teens.





Saving lives faster in the ED with a new chest compression device

Having the highest-quality equipment available in any hospital's emergency department is critical for saving lives. During 2024, the Foundation contributed to that mission through the purchase of a chest compression device for the Adena Regional Medical Center emergency department.

The chest compression machine provides high-quality CPR to a patient, allowing members of the care team to provide other needed treatment during those critical moments that can mean the difference between life and death in a cardiac arrest situation.

The purchase is just another example of the important role the Foundation plays in caring for Adena's patients.



Chemotherapy patients find comfort and privacy

The Foundation found a new use for its cancer fund in 2024. Through a partnership with a Chillicothe vendor and a volunteer group in Dayton, shirts were created to help make the experience of chemotherapy patients at Adena Cancer Center a bit more private.

The project converts regular short- and long-sleeved shirts into chemotherapy “port shirts” for patients to wear in a clinical setting while chemotherapy is being administered. The shirts have zippers sewn into the side where the patient’s port for treatment is located, allowing for easy, discrete access to administer treatment.

Helping in the effort by sewing the zippers into the shirts is the Gang of Seamstresses, a group of volunteers providing this service to multiple health care organizations.

“Patients absolutely love the port shirts due to the privacy they provide in an open setting,” said Adena Cancer Center nurse navigator Holly Hooks, BSN. “The shirts also show how much Adena cares about patients by providing them a small token to help ease their anxiety over the treatments.”

The Foundation continues to accept donations toward the purchase of additional shirts for the project.

Amount raised at Colon Cancer Awareness 2 Mile Run/Walk **\$11,531**



Innovative training tools enhance medical education program

One of the strengths of Adena’s graduate medical education (GME) program is its emphasis on experiential learning, something the Foundation helped enhance during 2024.

In preparation for the 2025 launch of a sports medicine fellowship program, the Foundation provided funds necessary to acquire a large-scale, 3D printer that can be used to construct models of the shoulder and elbow. By being able to print “bones” and “joints”, GME residents and the sports medicine fellow will have the opportunity to practice joint reductions as part of their learning.

Having the opportunity to provide this type of innovative learning can make Adena an even more attractive destination in the recruitment of future residents.

“Thanks to the Adena Health Foundation’s generosity, the purchase of a 3D printer is making this project possible,” said Bradley Strauch, MD, director of the sports medicine fellowship program.



Raising funds for developmental disabilities

Always a popular draw at the annual Ross County Fair, proceeds from the Adena Health Foundation’s annual baby photo contest in 2024 once again contributed to an important community cause.

\$5,000 was raised as fairgoers looked over the baby photos submitted by area families and then voted on their favorites. Proceeds were donated to The Pioneer Center to upgrade the sensory room at the school that serves those with developmental disabilities.

Holiday tradition raises funds for community health

In what is becoming a local holiday tradition, the Foundation helped bring the Columbus Symphony Orchestra to Ohio University Chillicothe for its Holiday Pops concert.

This event, which also featured a community choir adding to the holiday spirit, was well-attended with some of the proceeds raised from general admission ticket sales going to support the Foundation.

The evening raised just over \$10,000 to support community health initiatives.



Patient safety and response times improve with new call light system

A more efficient, timely, consistent response to patient needs has been achieved at Adena Pike Medical Center (APMC) thanks to equipment purchased with the help of the Foundation.

A new call light system has been installed, resolving compatibility issues that surfaced between existing call light systems and hospital beds.

“The beds are now integrated into the new call light system, which makes it much safer for patients,” said Brandy

Strain, director of nursing at APMC. “As soon as a patient gets out of the bed, we know by a light outside of their room and by a noise that comes across to the nurses’ station. You don’t have to listen for the bed alarm like the old system. Additionally, you know exactly where it’s coming from.”

The new system has additional advantages, including:

- An ability for caregivers to quickly locate team members in patient rooms.
- Improved functionality for patients. They can either use a paddle to activate the call light and wait a nurse’s response or, if they want something specific, can request it by indicating the need, changing the tone of the call light system according to the request. Patients can also speak directly to the nurses’ station. Both of these advancements allow nurses and staff to respond to patient needs more quickly.
- The ability to connect the system directly to chair pads in the room, allowing staff to hear when a patient gets out of a chair. Because of that tie-in, staff know exactly which room a patient is moving around in, helping support safety checks.
- Making it easier for staff to reset the call light when entering a room since it is done automatically thanks to a badge caregivers wear. This is especially beneficial when a caregiver is bringing items into a room.

“We truly want to say thank you to the Adena Health Foundation for this from our caregivers,” Strain said. “We’re very appreciative.”

A similar improvement to the call light system at Adena Greenfield Medical Center was done utilizing Foundation funds in 2023.



New hospital in Fayette County will improve access to care

In September 2024, Adena Health announced that a pledge made in 2021 to build a new hospital in Fayette County will take a huge step toward becoming reality when construction begins in 2025.

The new 65,000-square-foot hospital will replace the 74-year-old Adena Fayette Medical Center and be constructed on the same site off Columbus Avenue in Washington Court House. The technology and additional operating room space being integrated into the new design will enhance the ability to perform precision robotic-assisted surgical procedures, while the addition of a progressive care unit will provide flexibility in responding to fluctuating patient volumes and care needs. The facility also will have a dedicated trauma room, integrated telemetry units, and other amenities that will provide Adena with future opportunities to expand its service offerings - while also providing enhanced privacy, additional care technology, and an on-site retail pharmacy to patients.

The Adena Health Foundation will be actively involved with fundraising efforts in support of the hospital project as construction moves forward.

"We're very excited about the opportunity this new hospital presents for Washington Court House and all of Fayette County," said Adena President and CEO Jeff Graham. "We are thrilled to be able to live up to our commitment to area residents and look forward to being an active partner in the exciting growth coming to this community."



Adena Health caregivers, board members, and community members celebrate as plans for the new hospital are unveiled.

Construction is expected to begin summer **2025**

Foundation events continue impact



Several new events were added to the Foundation’s calendar during 2024, bringing additional support and awareness to cancer care, the formation of a new hospital community council, and other needs within the health system.

The Foundation teamed with the Adena Cancer Center in not one, but two new community events. In March, walkers and runners braved the cold to raise \$11,500 during the inaugural Colon Cancer Awareness 2 Mile Run/Walk. Then, in October, the two entities came together again to offer a new Breast Cancer Awareness Walk/Run that raised \$12,000.

Also for the first time, a gala was established for Adena Regional Medical Center. In conjunction with the formation of the Adena Regional Medical Center Community Council, the new Monster Mash Bash offered Halloween-themed fun while also raising more than \$10,000 in support of hospital needs. The firsts didn’t end there, with two golf outings offering the opportunity for the community to support Foundation efforts. The Jack Berno Memorial Golf Outing easily filled its tee times and raised \$26,000 in support of the new Adena Fayette Medical Center construction project. Groundbreaking for the new 65,000-square-foot hospital on the existing Adena Fayette Medical Center campus will take place early this summer with construction scheduled for completion in 2027.

The Adena Greenfield Medical Center Community Council Golf Outing was a new addition to the golf schedule in June, and provided community members the opportunity to support hospital services enhancing the well-being of those living in and around Highland County.

While there was plenty new to enjoy in 2024, several traditional favorite Foundation events continued to attract strong attendance, including:

- The Adena Fayette Medical Center gala, “The Spirits of Past, Present, and Future.” \$24,000 raised from the event was earmarked to support patient care in Fayette County.
- The Adena Greenfield Medical Center Autumn Gala. \$31,000 was raised toward the purchase of additional equipment for the emergency department, inpatient rooms, rehabilitation services, nursing, lab, and imaging services.
- The Adena Pike Medical Center gala, “Havana Nights.” The evening’s proceeds, just shy of \$36,000, were designated for the purchase of additional equipment for the emergency department, inpatient rooms, rehabilitation services, nursing, lab, and imaging services – including a new call light system.

While a lot of hard work goes into planning and executing these events, the reward in both raising awareness of the Foundation in the community and being able to use the proceeds to enhance patient care make it all worth it. A special thanks to all involved in making these a success.

Amount raised at Jack Berno Golf Outing
\$25,846



Amount raised at AGMC Gala
\$30,929



Amount raised at Breast Cancer Awareness 5K Run/Walk
\$12,372



Supporting the next generation of health care workers

Once again in 2024, the Foundation helped make the educational dreams of 24 area high school graduates a reality, providing \$120,000 worth of scholarships to those considering a career in health care. Award winners came from schools across Adena's nine-county coverage area, including students from Chillicothe, Fairfield, Hillsboro, Jackson, McClain, Miami Trace, Piketon, Unioto, Valley, Waverly, and Zane Trace school districts.

The scholarships represent another example of Adena's commitment to providing quality care close to home, both now and years into the future. The students selected expressed their intent to pursue higher education in business management, nursing, exercise science, imaging/radiology, nutrition science, medicine, speech language pathology, marketing, and accounting. The largest number of recipients indicated nursing would be their field of study.



The scholarships are a part of Jack Berno Hope for our Future Scholarship Fund initiative. Additional scholarship opportunities are also available through the following sources:

- James R. Manchester Radiology Education Endowment
- Soon Phil Choice Scholarship Endowment
- Beth Ann Elliott Memorial Scholarship Endowment
- Catherine Evanoff Memorial Scholarship Endowment
- Gordon F. Streicher Memorial Scholarship Endowment
- Reginald C. Blue Nursing Scholarship Endowment
- Adena Health Foundation Scholarship Endowment
- Volunteer Advisory Council Scholarship Fund
- Cindy Drummond Commemorative Scholarship Fund
- G. Howard Wood, MD, Medical and Nursing Student Loan Trust Fund

"This initiative is designed to help foster the development of the talented young men and women who live throughout our region in the hope that these students will, one day, choose to further their careers at Adena," said Chief Human Resources Officer Heather Sprague, executive sponsor of Hope for Our Future. "It's about keeping that talent close to home as we fulfill our mission to care for the communities where we live, work, and play."

Over the past three years, the Foundation has provided a total of \$290,000 in scholarships to 57 area students to help them launch their careers in health care-related fields.



Adena caregivers support our community

Thank you to the caregivers of Adena Health

While community donors are critical to the Foundation, the contributions made by Adena caregivers and the medical staff represent the very heart and soul of what the Foundation does.

Whether in the form of donating to the annual caregiver giving campaign, purchasing coats for the Coats for Kids outreach, taking part in Volunteer Advisory Council activities that provide an annual donation to the Foundation, or contributing to the Foundation's Spirit of Caring or scholarship funds, those who provide for our community's health also contribute heavily to the Foundation's mission.

Here's a brief look at some of the giving by Adena caregivers in 2024.



Caregiver giving campaign funds community programs

The annual month-long caregiver giving campaign is one of the most visible opportunities for caregivers to offer their support and learn more about the work of the Foundation.

During 2024, 462 caregivers contributed to the campaign, the large majority of whom chose to do so through recurring payroll deduction. That number included 58 new donors and another 39 who increased their payroll contribution compared to what they contributed during 2023.

Raising more than \$117,600, allowed caregivers to help colleagues by providing financial support through the Benevolence and Spirit of Caring funds for those suffering unexpected financial hardships. Money raised also assisted with employee wellness initiatives, helped with equipment purchases that enhance patient care, provided scholarships to area youth considering careers in health care, and supported community programs improving quality of life.

Total raised through caregiver giving
\$117,678

Parking garage auction raises money for health initiatives

Caregivers at Adena Regional Medical Center near the end of each year are given the opportunity to bid on parking spots on the level of the Adena Orthopedic and Spine Institute parking garage and spaces on the east side of the hospital for reserved use the following year. The auction generates a lot of interest among caregivers at the site, making it a strong addition to the lineup of caregiver giving opportunities.

The 2024 auction raised \$103,897 through a combination of recurring payroll deductions and one-time contributions from a total of 125 caregivers.

Community contributions

Volunteer Advisory Council backs the Foundation

Adena's Volunteer Advisory Council (VAC) has long been a supporter of the Foundation, providing sizable contributions from the council's fundraising activities throughout the year.

The tradition of giving continued during 2024, with the VAC providing \$300,000 to the Foundation, a portion of that amount directed to the VAC scholarship fund.

Some of sales from Adena Regional Medical Center gift shop, which is run by volunteers, also contributes to the important role that volunteer services play in the Foundation's work.

Caregivers are essential to what the Foundation is able to accomplish. Every dollar they provide or fundraising activity they support makes a big difference in what the Foundation is able to do for patients, caregivers, and the community.





Celebrating community partnerships and support

In addition to individual donors from the community, the Foundation has been fortunate to benefit from several organizations and initiatives that recognize what our organization brings to the community.

One of those involved high school volleyball teams that took part in Together We Are Blocking Out Cancer. The initiative featured volleyball matches that raised \$9,683 to benefit the Foundation’s cancer fund, as well as the Southern Ohio Survivors organization.

Thirteen schools took part, including Adena, Chillicothe, Circleville, Huntington, Logan Elm, Paint Valley, Piketon, Southeastern, Waverly, Westfall, Wheelersburg, Unioto, and Zane Trace.

The Foundation also continued to benefit from its longstanding relationship with the Southern Ohio Corvette Club. During 2024, the club contributed \$1,000 to the Foundation, bringing its total donations to \$20,000.



2024 Financial report

Support and revenue	2024
Contributions	\$1,379,367
Operating support from Adena	\$615,930
Investment income	\$838,406
Investment gain/loss	\$208,570
Total support and revenue	\$2,625,133
Expenses	
Expenditures from donated funds	\$1,281,244
Operating expenses paid by Adena	\$615,930
Total expenses	\$1,897,174
Net assets at end of year	\$10,049,572

Made possible by our donors:

- EMS vehicle
- Equipment to enhance patient care.
- Suicide awareness, child protection, and services for children and young adults with developmental disabilities.
- A new call light system in Critical Access hospitals.
- The new Adena Fayette Medical Center.
- Caregivers in need (through peer-to-peer fundraising).
- Training and education to improve care at Adena.
- Other health initiatives.

Foundation boards

Adena Health Foundation Board

- Pat Friel, Chair
- William Beatty
- Linda Beaver
- Robin Berno
- Julie Coleman Park
- Jeffrey Craft
- Todd Creamer
- Philip Evans
- Jeffrey Graham
- Matt Haller
- Steve Hirsch
- Jim McManus
- Destiny Payne
- Linda Penn
- Heather Sprague
- Kevin Shoemaker
- Naysa Scott
- Virginia Wettersten

Adena Pike Community Council

- Kevin Shoemaker, Interim Chair
- Andrew Bauer
- Robin Berno
- Tommy Brewster
- Anya Brooks
- Jennifer Crawford
- Chandler Grooms
- Abby Harris
- Sharon Manson
- Naysa Scott
- Dave Zanni

Adena Fayette Community Council

- Todd Creamer, Chair
- Robin Berno
- Doug Boedeker
- Jennifer Eggleton
- Laura Jones
- Ty Kelley
- Cari May
- Josh McCoy
- Malcolm Miller
- Nancy Mitchem
- Trevor Patton
- Naysa Scott
- Carolyn Wallin

Adena Greenfield Community Council

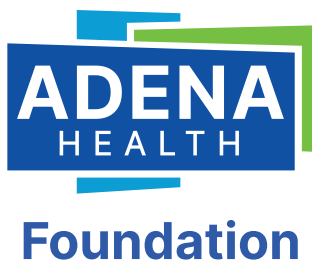
- Linda Penn, Chair
- Ellie Zint, Co-Chair
- Robin Berno
- Ron Coffey
- Pat Hays
- Lynn Harris
- Josh McCoy
- Naysa Scott
- Kris White
- Heather Wright

Adena Regional Community Council

- Pat Friel, Chair
- Tiffany Baldwin
- Jade Berry
- Robin Berno
- Linda Cushman
- Mike Diener
- Karen Jenkins
- Lydia Price
- Naysa Scott
- Kelsey Throne



We do what we love, so you can too



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