

# HelpNet



## EMPLOYEE ASSISTANCE PROGRAM

**FREE Confidential Counseling for You, Your Dependents, and Your Household Members PLUS Other Great Services!**

### **Counseling**

If you are worried about your family, personal life or work, call HelpNet!

- Free, confidential counseling for you, spouse, dependents, and household members.
- A counselor will talk to you about your concerns and together you will decide the primary issues to be resolved.
- If caught in the early stages, many problems can be handled in the HelpNet office in just a few sessions.
- Our therapists are Master's prepared and we have a network of therapists throughout Ohio for your convenience.
- Call us at 1-800-969-6162 to make your appointment today.

### **Work Life Web Site**

Looking for additional resources to help you or a family member, simply check out HelpNet's WLW!

- Comprehensive library of support topics including parenting, wellness, career development, consumer tips, and more.
- Personalized login capability.
- Online forums to connect with co-workers and peers on many topics.
- Access to informative live or archived webinars.
- Access to over 4,000 continually updated content items.
- Log on and see what the Engagement Engine can do for you, it's easy: **Helpneteap.com** click on Work Life Login Username: **adena**

### **Financial Assist**

If you have questions about a financial issue, speaking with a financial expert can help!

- Free consultation with a financial counselor for you or your family members.
- No appointment needed during regular business hours Monday through Friday. Saturday appointments available.
- Online financial calculators, library of articles, and do-it-yourself tools to manage finances are also available.
- Pocket Smith feature is a calendar-based software program to plan and achieve financial goals.
- Call us at 1-800-969-6162 to make your appointment today or visit the Financial Center on the Work Life Web Site.

### **Legal Assist**

If you have questions about a legal issue, speaking with expert legal counsel can help!

- Free 30-minute consultation with an attorney by telephone or in person.
- In most cases, discounted services available if you need additional legal support.
- Nearly 100 do-it-yourself legal forms including basic wills.
- Library of hundreds of legal articles and tip sheets.
- Call us at 1-800-969-6162 to make your appointment today or visit the Legal Center on the Work Life Web Site.

**www.helpneteap.com 1-800-969-6162**